

**PATIENT INFORMATION** (Please print clearly)

Date \_\_\_\_\_

Name \_\_\_\_\_ SSN \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Gender Pronoun: She / He / They / Ze / \_\_\_\_\_ Birth Date: \_\_\_\_\_

Email: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Work/Home phone: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Whom may we thank for referring you?: \_\_\_\_\_

**Your signature agrees to our 24 hour cancellation policy, and acknowledges that any future cancellations made less than 24 hours prior will be subject to a fee equal to the full cost of the missed session. Our system requires a credit card on file to enforce our cancellation policy. Your card will not be charged, except in the case of no-show or cancellation less than 24 hours in advance. Your card will never be charged without notification.**

Printed Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(parent signature if patient is a minor)

**INFORMATION FOR INSURANCE BILLING ONLY** Please provide all insurance cards at time of visit

Type of policy (i.e. Health, auto, workers comp): \_\_\_\_\_

Insured's name: \_\_\_\_\_ Insured's date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Adjuster name and contact: \_\_\_\_\_

Do you have a secondary Insurance?

If yes—Name of secondary insurance company: \_\_\_\_\_

**ASSIGNMENT AND RELEASE:** I certify that I have insurance coverage with the above listed company and assign directly to the providers of Synergy Health and Wellness all insurance benefits. I authorize the use of my signature on all insurance submissions. Additionally, the care provider may use and disclose my health care information to the above-named insurance company and their agents for the purpose of obtaining payment for services and determining insurance benefits related services. **My signature below certifies that I agree to pay any deductible, copayment and coinsurance at the time of service, and in the event payment is denied on the above claim. I will assume responsibility for payment of services rendered. (payment plan may be implemented). I am aware that insurance does not cover no-show or late cancellation charges, and I accept full responsibility for any fees related to this occurrence.**

Signature: \_\_\_\_\_ Date \_\_\_\_\_

I have read and accepted the privacy practices Sign \_\_\_\_\_ Date \_\_\_\_\_

I was offered privacy practices and declined to read Sign \_\_\_\_\_ Date \_\_\_\_\_

What brings you in for this visit?

Have you tried any other therapies/medications/special diets for the above concern? Specify.

**Primary Care Physician**

Name		Phone #	
Relationship with Physician (i.e. what do you see them for, when was your last apt, etc.)			

**Therapist/Counselor**

Name		Phone #	
Relationship with Physician (i.e. what do you see them for, when was your last apt, etc.)			

**Additional Provider (i.e. specialist, psychiatrist)**

Name		Phone #	
Relationship with Physician (i.e. what do you see them for, when was your last apt, etc.)			

     **I give my clinician at Synergy Health and Wellness permission to speak with and disclose my treatment-related protected health information with the above named providers. (Please initial)**

Have you had recent blood work/labs drawn? (Give approx. date and MD who ordered)

Please list any medications you are currently taking and what condition they are for:

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Do you take vitamins or other nutritional supplements:  no  yes  
(list):

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Are you/could you be pregnant?

List any surgeries you have had:

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**HEALTH HISTORY**

***STOP!!! Read this \*\*\*\*\* (check all that apply to you)***

Do you have PERSONAL history of problems in any of the following...

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Allergies (to what?) | <input type="checkbox"/> Gastrointestinal    | <input type="checkbox"/> Reproductive    |
| <input type="checkbox"/> Arthritis            | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Respiratory     |
| <input type="checkbox"/> Cardiovascular       | <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Skin Problems   |
| <input type="checkbox"/> Chronic Headaches    | <input type="checkbox"/> Immune              | <input type="checkbox"/> Sleep Disorder  |
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Musculoskeletal     | <input type="checkbox"/> Urinary         |
| <input type="checkbox"/> Eating Disorder      | <input type="checkbox"/> Neurological        |  |
| <input type="checkbox"/> Endocrine            | <input type="checkbox"/> Psychological       | <input type="checkbox"/> Other (explain) |

How often do you experience any of these gastrointestinal symptoms?

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- |  |  |
|--|--|
| <input type="checkbox"/> Heartburn/Esoph.Reflux  | <input type="checkbox"/> Gas (of Any Kind)   |
| <input type="checkbox"/> Diarrhea                | <input type="checkbox"/> Constipation        |
| <input type="checkbox"/> Stomach Pains/Cramps    | <input type="checkbox"/> Nausea, Vomiting    |
| <input type="checkbox"/> Bloating Sensation      | <input type="checkbox"/> Painful Elimination |
| <input type="checkbox"/> Intestinal Pains/Cramps |  |
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Please circle how you currently feel about your body.

strongly dislike                  dislike                  slightly satisfied                  satisfied                  very satisfied

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### DAILY HABITS

What type of exercise do you do regularly:  none  light  moderate  heavy

What do your daily work habits include:  sitting  standing  light labor  heavy labor  
 other:

Do you drink caffeinated beverages:  no  yes (type and amount):

Do you drink alcohol: \_\_\_\_\_ drinks per week Do you use other recreational drugs? \_\_\_\_\_

Is there anything else that may be related to your condition that we have not asked?

Your signature here signifies that all information provided on this form is true to the best of your knowledge, and consents to receiving therapies in our clinic.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent signature if client is a minor: \_\_\_\_\_

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