

Michelle Mora, LMT

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(541) 323-3488

OBJECTIVE

To be a therapeutic and sports massage therapist in a practice that focuses on the goals of clients to feel well and be active.

EXPERIENCE

- **LMT, Synergy Health and Wellness; Bend, OR 2021- Present**

Collaborative team member serving clients seeking deep tissue, injury treatment, and relaxation massage. Developing massage treatment plans in collaboration with the client including cupping, deep tissue, and force line treatment modalities. Anticipate adding Ashiatsu massage to offerings in the next year.

- **LMT, Falling Waters; Bend, OR 2016- 2021**

Provided therapeutic treatment massage based on chiropractic and physical therapy treatment plans for high volume clinic. All treatments were specific, targeted, deep tissue massage.

- **LMT, ActiveLife Therapeutic Massage; Bend, OR 2017-2019**

Assisted owner/operator with growing clientele; focused on auto accident recovery and relaxation massage. Massage treatment plans were developed in collaboration with the client and included ashatsu, fire cupping, deep tissue, and force line treatment modalities.

- **Senior Tech Advisor, IBEX Global; Bend, OR 2012-2016**

EDUCATION

- 2015 COCC Massage Therapy Program, Bend, OR - Licensed 2016
- 2010-2012 Tongue Point Job Corps Center - Medical Assistant, Phlebotomy, EKG Technician

ADVANCED STUDY

- 2018 Hawthorne Healing Arts - Fire cupping
- 2018 Mudra Massage PDX- Ashiatsu
- 2019 Bill Musser- Force Line and Deep Tissue Treatment Massage

SKILLS

Highly motivated, professional appearance, dependable, caring and motivated to help clients meet their goals, SOAP note charting